## Personal Statement

### Information sheet

## When to use this form

Use this form to apply for Elevate insurance.

## We rely on what you tell us

Before we decide to issue a plan, we need to know exactly what the risk is that we are to insure and how likely you would be to make a claim.

## What you need to tell us

#### When you apply for insurance

When you apply for insurance, the insurer conducts a process called underwriting. It's how we decide whether we can cover you, and if so on what terms and at what cost.

We will ask questions we need to know the answers to. These will be about your personal circumstances, such as your health and medical history, occupation, income, lifestyle, pastimes, and current and past insurance. The information you give us in response to our questions is vital to our decision.

### The Duty to Take Reasonable Care Not to Make a Misrepresentation

Read this if you are applying for insurance as the policy owner, if you will be an insured person under a policy owned by someone else, or if you will be an insured person under a superannuation plan.

#### Your legal duty

When you apply for insurance and up until your application is accepted by the insurer, there is a legal Duty to Take Reasonable Care Not to Make a Misrepresentation to the insurer.

A misrepresentation is a false answer, an answer that is only partially true, or an answer which does not fairly reflect the truth. You have the same duty if anything changes, or you remember more information, while we're processing your application.

If you want to change your insurance cover at any time, extend it or reinstate it, you'll also have the same Duty to Take Reasonable Care Not to Make a Misrepresentation to the insurer at that time.

You are responsible for all answers given, even if someone assists you with your application.

We may later investigate the answers given in your application, including at the time of a claim.

Where a **policy** owned by one person covers the life of another person, it's important that the other person does not make a misrepresentation when providing information to the insurer. If the other person does make a misrepresentation, then it may be treated as a failure by the owner of the **policy** in their Duty to Take Reasonable Care Not to Make a Misrepresentation. Therefore, you must take reasonable care not to make a misrepresentation when giving us information whether you're the owner of the **policy** or an **insured person** under it.

#### If you do not meet your legal duty

If you do not meet your Duty to Take Reasonable Care Not to Make a Misrepresentation, this can have serious impacts on your insurance. Your cover could be avoided (treated as if it never existed), or its terms may be changed. This may also result in a claim being declined or a benefit being reduced.

Please note that there may be circumstances where we later investigate whether the information given to us was true. For example, we may do this when a claim is made.

If there is a failure to comply with the Duty to Take Reasonable Care Not to Make a Misrepresentation, there are different remedies that may be available to the insurer. These are set out in the *Insurance Contracts Act 1984* (Cth). These are intended to put the insurer in the position it would have been in if the duty had been met. Therefore, if the person who answers our questions does not take reasonable care not to

#### This Personal statement is dated November 2023 Resolution Life Australasia Limited ABN 84 079 300 379

All plans, except the Life Insurance Superannuation Plan, TPD Insurance Superannuation Plan and the Income Insurance Superannuation Plan, are issued by Resolution Life Australasia Limited ABN 84 079 300 379 (Resolution Life).

The Life Insurance Superannuation Plan, TPD Insurance Plan and Income Insurance Superannuation Plan are issued by Equity Trustees Superannuation Limited (ETSL)ABN 50 055 641 757, AFSL No. 229757 as trustee of the National Mutual Retirement Fund (NMRF) ABN 76 746 741 299 and Resolution Life. Resolution Life is part of the Resolution Life Group.

make a misrepresentation, it can have serious consequences for your insurance, such as those explained below:

- we may treat the contract (or your cover) as if it never existed
- we may reduce the amount you've been insured for to reflect the premium you've been paying. There is a link between the premium you pay and your level of cover. If you fail to tell us something, your premiums may have been too low. The insurer may reduce the amount you've been insured for, taking into account the premium you would have had to pay if you'd told us everything you should have. For Death cover the insurer can only reduce the amount you've been insured for within three years of your cover starting.
  - we may **vary your cover** to take into account the information you didn't tell us and put the insurer in
- the same position as it would've been if you'd told us.
   Variations could mean, for example, that waiting periods, exclusions or premiums may be different. The insurer can't make variations to Death cover.

Your total insurance cover forms one insurance contract. If you don't meet your legal duty, the insurer may treat your different types of cover as separate contracts when it takes action to address this.

Whether the insurer can exercise one of these remedies depends on a number of factors, including:

- whether the person who answered our questions took reasonable care not to make a misrepresentation. This depends on all of the relevant circumstances. This includes how clear and specific our questions were and how clear the information we provided on the duty was;
- what the insurer would have done if the duty had been met – for example, whether the insurer would have offered cover, and if so, on what terms;
- whether the misrepresentation was fraudulent; and
- in some cases, how long it has been since the cover started.

Before we exercise any of these remedies, we will let you know our reasons and the information we rely on and give you an opportunity to provide an explanation.

If we decide to exercise one of these remedies, we will advise you of our decision and the process to have this reviewed or make a complaint if you disagree with our decision.

#### Guidance for answering our questions

When answering our questions, please:

- Think carefully about each question before you answer.
   If you are unsure of the meaning of any question, please ask us before you respond.
- Answer every question that we ask you.
- Do not assume that we will contact your doctor for any medical information.
- Answer truthfully, accurately and completely. If you are unsure about whether you should include information, please include it or check with us.
- Review your application carefully. If someone else helped prepare your application (for example, your adviser), please check every answer (and make corrections if needed) before the application is submitted.

#### Changes before your cover starts

Before your cover starts, we may ask about any changes that mean you would now answer our questions differently. As any changes might require further assessment or investigation, it could save time if you let us know about any changes when they happen.

#### After your cover starts

If, after the cover starts, you think you may not have met your duty, please contact us immediately.

#### Genetic test approach

You only need to tell us about any genetic testing you've had or have consented to have if the total combined sum insured with all life insurers for the insurance being applied for is over:

- \$500,000 life cover
- \$500,000 total and permanent disability cover (TPD)
- \$200,000 trauma / critical illness cover, or

• \$4,000 a month income protection cover, salary continuance cover or business expenses cover.

You can choose to tell us about a genetic test that you have had where the result was favourable. However, you must tell us if you're experiencing symptoms of, or are having treatment for, a medical condition including any genetically inherited condition. You must also tell us of any family history of a medical condition as asked for in the relevant question in this form.

**Note:** Resolution Life complies with the Moratorium on Genetic Tests. A copy of the moratorium is available in the Life Insurance Code of Practice **cali.org.au/life-code**.

## Your privacy

Protecting your personal and sensitive information is important to us. Any information we collect, use, store or disclose about you will be handled in accordance with our Privacy Policy and relevant privacy and data protection legislation.

The information we collect about you is used to provide you with our products and services including to issue, arrange and manage your insurance and membership with us. We will only collect personal and sensitive information from you, from those authorised by you or where required by law.

There may be situations where we will collect sensitive information, such as your health information in order to assess your application for new or additional insurance. We will only use this information for the primary purpose for which it was collected or a related purpose, such as to process a claim.

We will only use and disclose this information where you have provided expressed consent.

We may also disclose your personal information to third parties involved in the above process such as:

- financial advisers
- brokers
- parent or guardian where you are under 18 years of age
- insurers and re-insurers

- claims handlers, investigators
- legal and other professional advisers, regulators and our related companies.

Some of these third parties may be located in other countries such as the UK, India or USA.

Our Privacy Policy details how we collect, use, store and disclose your personal and sensitive information as well as how you can seek access to and correct your personal information or make a complaint. You may not access or correct personal information of others unless you have been authorised by them, or are authorised under law or they are your dependants.

By providing us your personal and sensitive information you consent to us collecting, using, storing and disclosing it in accordance with our Privacy Policy. If you do not provide all of the personal and sensitive information we've requested we may not be able to provide you with our services or products including being able to process your application for insurance.

For more information, see our full Privacy Policy at **resolutionlife.com.au/privacy**.

## Personal statement checklist

Page	Items to be completed	
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5		Personal details
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36		Non-superannuation or SMSF
38		Superannuation

Where the following symbols have been used:

Superannuation
Please complete this section when you are applying for the Life Insurance Superannuation Plan, TPD Insurance Superannuation Plan or Income Insurance Superannuation Plan issued by Equity Trustees Superannuation Limited (ETSL).
Non-superannuation
Please complete this section when you are applying for cover that is issued by Resolution Life Limited (Resolution Life) and it is not owned by an SMSF. It should also be completed if you have applied for a FlexiLink plan or PremierLink option (with the exception of the Nomination of beneficiaries section).
Self Managed Superannuation Fund (SMSF)
Please complete this section when you are applying for the Life Insurance SMSF Plan, TPD Insurance SMSF Plan or Income Insurance SMSF Plan. These plans are issued by Resolution Life and are owned by the trustees of an SMSF or Small APRA Super Fund. These are the only Elevate insurance plans that can be owned by an SMSF or Small APRA Super Fund.

If no symbol has been used, the section should be completed for all plans being applied for.

Please retain this information sheet for your records. Do not return it with your completed form(s).



## Personal Statement

Use this form to apply for Elevate insurance.

Details		
'You' refers to the Person to be insured (unless o	otherwise indicated).	
Title Surname	Given name(s)	
Gender Date of birth		
Male Female DDMMYYYY		
May we phone or email you if we need to clarify any	details contained in this statement?	🗌 No 🗌 Yes
If 'Yes', please provide preferred contact details:		
Phone number Preferred contact	time Preferred contact day	
am/r	om 🗌 Any 📃 Mon 🗌 Tue 🗌 Wed 🗌 Thu	ır 🗌 Fri 🗌 Any
Email address		
Residency and travel details		
-		
1. a. Are you an Australian citizen or a permanent r	esident of Australia?	
No, proceed to question 1b		
Yes, go to question 2		
b. Are you a New Zealand citizen?		
No, please provide details:		
Yes, go to question 2		
i. Which country has issued		
your current passport?		
ii. How long have you lived in Australia?	years months	
iii. What type of visa do you hold?		
iv. Have you applied for an Australian perma	anent residency visa?	No Yes
If no, do you intend applying for Australian p	permanent residency?	🗌 No 🗌 Yes
If you do, please advise the date you can m	D D M M Y Y Y	
If applicable, do you have your family residi		🗆 No 🗆 Yes
2. In the next 12 months, do you intend to leave Au If yes, please provide details:	stralia and go live in another country?	No Yes
Where	Duration	

T								
-	Residency and travel det	ails (continued)						
3.	Do you intend to travel outs If yes, please provide detail	ide Australia or New Zealand fo s:	or holiday or busine	ss purp	oses?		🗆 No	Yes
	Where	When		Durat	ion			
I	nsurance details			1				
	Other than this application, income insurance or busine benefits under superannuat	are you covered by, or are you ss expenses insurance with <b>an</b> ion, business or credit insuranc	y company? Note:	This in	cludes		🗆 No	) 🗌 Ye
	If yes, please provide details	S:						
	Name of company	Type of cover	Sum insure	ed (\$)	Date comm	nenced	To be r	eplaced
					/	/	🗆 No	Yes
					/	/	🗆 No	Yes
					/	/	🗆 No	Yes
	applied for and accept 2 Under takeover terms,	ting plan(s) listed in the table al ted may not be considered. the insurance cover to be replac fied or limited underwriting req	bove, any claim you red must have been	make t fully ur	nderwritten a	for the i	insuranc	e
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To be completed by the Person to be insured.

Pe	rsoi	nal details (continued)							
Pe	rsor	nal habits							
<b>8.</b> a		Have you ever been a smo (including e-cigarettes and/ If no > go to question 9 If yes, please advise which	or nicotine replace	ment product	s)?	ed.		🗆 No	Yes
		Cigarettes	Q	uantity per:		day	week		month
		Tobacco pipes	Q	uantity per:		day	week		month
		Cigars	Q	uantity per:		day	week		month
		Nicotine replacement pro	ducts (please provi	de details be	low)				
		E-cigarettes (please prov	ide details below)						
		Other Please specify s	ubstance smoked	:					
9.   [: 10.   s	- Ha C C How stand Have seek	What strength? You have stopped smoking, ve you ever been advised b ondition? If yes, please advised ondition many standard drinks conta dard drink = 1 nip/30ml of s e you ever been advised by alcohol treatment? s, please advise your alcoho	month by a health care pro- ise the name of the aining alcohol do yo pirits, 1 x 100ml gla a health care profe	year fessional to r condition an Tr bu consume p uss of wine, 1 ssional to rec	reduce your d any treatn eatment ber week on x 250 ml gl duce your al	smoking bec nent received average? ass of beer] cohol intake	ause of a medic l: standa	ard glasses	Yes Yes
<b>11.</b> H	Have	you ever used cocaine, ma cribed by a doctor? (You do the-counter medication.) If y	arijuana, ecstasy, h not need to tell us	eroin or any about any p	other recrea aracetamol,	tional drugs, anti-histamir	or drugs not nes or any other	🗆 No	
Yo	ur h	ealth details							
Do	octor	r details							
	2. Na Namo	ime and address of your us <b>e</b>	ual doctor (if you do <b>Address</b>	o not have a	usual doctor	, then the las	st doctor that you Phone numb		
	f you Nam	ı have known your doctor fo <b>e</b>	or less than two yea Address	rs, please pr	ovide details	s of the previo	ous doctor. Phone numb	er	

Y	our	r health details (continued)				
D	oct	tor details (continued)				
13.	Da	ate of last consultation with any doctor				
14.	Na	ame of doctor that you saw (if same as above, write 'As above')				
15.	Ple	ease advise reason for your last consultation				
16.	Ple	ease advise results/outcome of your last consultation				
17.		ere you referred for further tests, investigations or referred to a specialist? res, please provide full details		No		Yes
P	ers	sonal health history				
18.		What is your: Height Weight Weight Has your weight varied in the last 12 months?		No		Yes
		Amount kg Reason				
19.		any time in your life have you ever had, received advice for or experienced symptoms of the following (ev	'en	if yo	u ha	ave
		t seen a doctor)? Back or neck pain, injury or disorder including slipped disc, sciatica, whiplash or any other condition of the neck, middle or lower back		No		Yes
	b.	Disorder, pain or injury of the wrist, elbow, shoulder, hip, knee, ankle or any other joints, or arthritis or gout		No No		Yes Yes
	c.	Disorder or injury of the muscles, bones or limbs (eg fracture, tendonitis or tenosynovitis)		No		Yes
	d.	Depression, adjustment disorder, post-traumatic stress disorder, post natal depression, major depression or any other mood or depressive disorder		No		Yes
	e.	Panic attacks, anxiety, attention deficit disorder, eating disorder, obsessive compulsive disorder or any other anxiety disorder		No		Yes
	f.	Schizophrenia, psychotic or personality disorder, manic or bipolar disorder or any other mental health disorder	_			
	g.	Stress, fatigue, insomnia or sleeplessness		No		Yes
	h.	Chronic fatigue or chronic pain syndrome		No		Yes
	i.	Fibromyalgia, fibrositis or myalgia		No No		Yes Yes
	j.	Stroke, Transient Ischaemic Attack (TIA), brain haemorrhage or brain injury		No		Yes
	k.	Multiple sclerosis, Parkinson's disease, Alzheimer's disease, dementia, paralysis or cerebral palsy		No		Yes
	I.	Epilepsy, fit or blackout, migraine or recurrent headaches		No		Yes
	m.	Any neurological complaint or disorder of the nervous system including dizziness, involuntary shaking, memory loss, weakness, loss of feeling, or tingling of limbs or face		No		Yes
	n.	<b>High blood pressure or raised cholesterol</b> (including being advised to take medication or have your levels monitored)		No		Yes
	о.	Heart condition including irregular heartbeat, heart murmur, heart disease or chest pain		No		Yes
	p.	Disorder of the blood including anaemia or haemophilia		No		Yes
	q.	Asthma		No		Yes
	r.	Bronchitis, sleep apnoea, pneumonia or any other lung, respiratory or breathing disorder				

#### Your health details (continued)

Pe	rsonal health history (continued)		
s.	Disorder of the thyroid	🗌 No	🗌 Yes
t.	Diabetes, sugar in the urine or raised blood sugar levels	🗌 No	🗌 Yes
u.	Disorder of the kidney or bladder including blood or protein in the urine, urinary infections or kidney stones	🗌 No	Yes
V.	Disorder of the digestive system, gall bladder, stomach, bowel or liver including any changes to your usual bowel habits, hepatitis, haemochromatosis, gastric or duodenal ulcer, indigestion, colitis, Crohn's disease, irritable bowel syndrome or hernia	🗌 No	Yes
w.	Disorder of the eyes not corrected by glasses or contact lenses (eg iritis, glaucoma, optic neuritis, blurred or double vision)	🗌 No	Yes
Х.	Disorder of the ears or speech including hearing loss or tinnitus	🗌 No	Yes
у.	Disorder of the skin including psoriasis, eczema or dermatitis	🗌 No	Yes
z.	Cancer, tumour, leukaemia, Hodgkin's disease, lymphoma, melanoma or <b>skin cancer</b> or any malignant condition	🗌 No	Yes
aa.	Cyst, skin lesion, growth, lump (including breast lump), mole or freckle that has bled, become painful, changed colour or increased in size	🗌 No	Yes
ab.	Any sexually transmitted infection or disease	🗌 No	Yes

If you answered **yes** to any of the items in 19, please provide details in the table below, **except** for any condition in bold text above, for which you should complete the relevant Detailed health questionnaire in 28. If you answered **no** to all items, go to 20.

ltem no. eg 'f'	Date		Details of condition, advice or symptom including nature of treatment	Name and address of doctor, hospital or health professional consulted	Time off work	Degree of recovery (%
	/	/				
	/	/				
	/	/				
	/	/				
	1	/				
	1	/				

**20.** At any time in your life have you ever had, received advice for or experienced symptoms of the following (even if you have not seen a doctor)?

Μ	ales only		
a.	Disorder or problem of the prostate or testicle including prostate enlargement, abnormal PSA (Prostate Specific Antigen), difficulty or urgency in passing urine or increase in night urination.	🗌 No	🗌 Yes
F	emales only		
b.	Are you currently pregnant? If yes, please advise expected delivery date	🗌 No	Yes
C.	Have you ever had any complications with pregnancy or childbirth? If yes, please provide details below, including whether resolved after delivery.	🗆 No	Yes
d.	Have you ever had an <b>abnormal cervical screening or pap smear test</b> , <b>positive HPV test</b> biopsy of the cervix or uterus?	🗆 No	Yes
	If you answered <b>yes</b> to any of the items in 20, please provide details in the table on the next page, <b>excep</b> condition in bold text above, for which you should complete the relevant Detailed health questionnaire in		,

No Yes

No Yes

#### Your health details (continued)

#### Personal health history (continued)

ltem no. eg 'b'	Details of condition, advice or symptom including nature of treatment and/or results of investigations	hospital or health professional		Degree of recovery (%)
			-	

#### Females only

- e. Have you ever had a breast ultrasound or mammogram?
- f. Have you ever had a breast lump, thickening, unexplained pain or change in the breast or nipples (even if you have not seen a doctor about it)?

If yes for e or f, please provide details in the table below.

ltem no.	Date		Reason	Results	Follow up required	Pending follow up	When	
	/	/			🗆 No		/	/
					🗌 Yes			

21. Other than what you have already told us in this application, have you in the last five years (not including colds or flu):

- a. Attended any other medical appointment (eg counselling), or had any other test (eg X-ray, blood), INO Yes including surveillance tests (eg ultrasounds or colonoscopies), surgery either in Australia or overseas, any preventative or prophylactic treatment (eg mastectomy), with any other doctors, medical centres or health care professionals, including chiropractors, physiotherapists, naturopaths, osteopaths, podiatrists or herbalists? Important: Please refer to the genetic test approach in the information sheet when answering this question.
- b. Used or are you currently using any medication, prescribed or unprescribed (taken by mouth, injections, Inhaled spray, cream, ointment) or had any treatment for any symptoms, sickness, injury or medical condition?
- c. Had any sickness, symptom or injury that prevented you from performing any of the duties of your usual ON Ves occupation for more than 3 consecutive days?

If you answered **yes** to any of the items in 21, please provide details in the table below.

ltem no. eg 'b'	Da	te		Details of condition, advice or symptom including nature of treatment	Name and address of doctor, hospital or health professional consulted	or cea	te treat medica ased (if plicable	tion	Time off work	Degree of recovery (%)
		/	/				/	/		
		/	/				/	/		
		/	/				/	/		

Your health details (continued)		
Personal health history (continued)		
<ul> <li>22. Other than what you have already told us in this application: <ul> <li>a. Have you ever been admitted to hospital for any reason?</li> <li>b. Are you experiencing any symptoms or complaints for white</li> <li>c. Have you contemplated, been advised to seek or are you a treatment including surgery either in Australia or overseas?</li> <li>d. Have you, within the last month: <ul> <li>travelled overseas, or</li> <li>had contact with someone who has recently returned fr</li> <li>been exposed to someone suffering / later diagnosed v</li> </ul> </li> <li>Have you been tested for COVID-19?</li> <li>If you answered yes to any of the items above please provide should also complete the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the relevant Detailed COVID-19 health of the statement of the statement of the relevant Detailed COVID-19 health of the statement of the stateme</li></ul></li></ul>	awaiting any medical advice, investigation or om overseas, or vith COVID-19 (also known as Coronavirus)? details, if 22(d) and/or 22 (e) is answered yes	<ul> <li>No</li> <li>Yes</li> <li>No</li> <li>Yes</li> <li>No</li> <li>Yes</li> <li>No</li> <li>Yes</li> <li>No</li> <li>Yes</li> <li>s, you</li> </ul>
<ul> <li>23. a. Have you or any of your current or previous sexual partners sign of HIV infection (eg some signs of HIV/AIDS are: unex glands or persistent diarrhoea)?</li> <li>b. In the last three years, are you aware of any HIV risk situat partners may have been exposed?</li> <li>Note: HIV risk situations include but are not limited to: <ul> <li>sex with or as a sex worker</li> <li>sex with an intravenous drug user</li> <li>contact with someone else's blood (eg through injection</li> <li>anal intercourse (except in a relationship between you you has had sex with anyone else for at least three year</li> </ul> </li> </ul>	xplained weight loss, swollen tion to which you or any of your sexual n or scratch with a used needle) and one other person only and neither of irs).	No Yes
Family history		
<ul> <li>24. Has any first-degree blood related family member (father, moth from any of the following?</li> <li>No, unknown/adopted—go to next question.</li> <li>Yes—please cross all that apply and provide the details fur</li> <li>Breast and/or ovarian cancer</li> <li>Lynch syndrome, familial polyposis or bowel/colon cance</li> <li>Diabetes</li> <li>Heart attack</li> <li>Haemochromatosis</li> <li>Multiple sclerosis</li> <li>Motor neurone disease</li> <li>Alzheimer's disease or any other type of dementia</li> <li>Any hereditary disorder or condition that runs in families</li> </ul>	ther below: <ul> <li>Prostate cancer</li> <li>Polycystic kidney disease, renal cell can</li> <li>Stroke</li> <li>Cardiomyopathy</li> <li>Muscular dystrophy</li> <li>Parkinson's disease</li> <li>Huntington's disease</li> <li>Any other cancer or any other heart cor</li> </ul>	cer or kidney canc
Provide details for each box you've crossed:		
Family member (eg mother, brother) Condition	Age at If cancer, type/site diagnosis	Age at death (if applicable)

(eg mother, brother)	Condition	If cancer, type/site	(if applicable)

#### Your health details (continued)

#### Family history (continued)

25. a. Are you required to have any regular screening due to your family history?

🗆 No 🔷 Yes

□ No □ Yes

🗆 No 🗌 Yes

🗆 No 🗆 Yes

🗌 No 🗌 Yes

Yes No Yes

Yes

No No

No

Note: You are only required to disclose family information relating to first degree blood related family members — living or deceased (mother, father, sisters, brothers or your children).

If yes, please complete the table below:

Type of regular screening eg How often is mammogram, Prostate Specific this screening **Results including** Date of last test any abnormalities **Doctor consulted** Antigen, colonoscopy performed? 1 1 1 1 1 1 1 1 1 1

b. Are any tests or investigations (excluding genetic test) pending?

If yes, please give details of which tests are pending and when these will be performed.

#### Sports and pastimes details

26. Have you in the last 12 months, do you currently, or do you intend to take part in any of the following activities?

- a. Aviation (other than a fare paying passenger on a licensed public service)
- b. Motor racing (including car, bike and boat)
- c. Underwater diving
- d. Football
- e. Motor bike riding, including quad bike riding, trail bike riding and commuting (please specify below)

f. Any other hazardous activity, pursuit or sport not previously disclosed (including, but not limited to: rock climbing, hang-gliding, ocean racing, martial arts, horse riding, or any other motor sports)

If you answered yes to items d, e or f, please provide details of each activity in the table below. For any activity in bold text above please complete the relevant section of 27. If you answered no to all items above, go to 28.

ltem no. eg 'f'	Activity/Sport and location	Other details (including remuneration received)	No. events/ hours per year	Amateur/ Professional?	Competitive/ Non-competitive
				Amateur	Competitive
				Professiona	Non-competitive
				Amateur	Competitive
				Professiona	Non-competitive
				Amateur	Competitive
				Professiona	Non-competitive
				Amateur	Competitive
				Professiona	Non-competitive

Spor	rts	and pastimes details (continued)
27. De	tail	ed sports and pastimes questionnaires
	Onl	y complete the relevant sections of this question if you answered <b>yes</b> to 26 a, b or c.
a.	Av	iation questionnaire
	1.	Do you hold a Department of Transport licence to fly aircraft? No Yes If yes, please state type of licence and period held:
	2.	Do you intend to change the scope of your present licence? No Yes If yes, please provide details:
	3.	Have you ever had an accident or been charged with violating civil aviation regulations?
	4.	Do you always use recognised Department of Transport airfields? No Yes If no, please provide details:
	5.	Please provide details of the type(s) of aviation you are involved in (eg commercial, private, agricultural, aero club, helicopter, ultralight aircraft, aerobatics):
	6.	Please provide details of the number of hours flown: i. in total as a pilot ii. in the last 12 months iii. expected each year in the future
	7.	Do you intend to engage in any form of aviation other than the above? (eg ballooning, paragliding) If yes, please provide details:
b.		otor racing questionnaire What type(s) of motor sports activities do you participate in (eg circuit racing, drag racing, formula racing, karting, rallies, speedway, stock car racing, time trials)?
	2. \	What type(s) of motor vehicles do you drive or crew? Please state the make, model, year of manufacture, engine size category, group and class details:
	3.	Please state the nature of your participation:         Recreational       Competitive         Sponsored       Amateur         Professional
	4.	Number of events you participate in: Last 12 months Next 12 months (expected)
	5.	Where have you, or do you intend to compete or race? Please provide the name of all organised events:
	6.	What maximum speeds do you reach?

_		and pastimes details (continued)	
		led sports and pastimes questionnaires (continued)	
b.	Мо	otor racing questionnaire (continued)	
	7.	Please provide details of your licences/certifications and memberships attained:	When attained/
		Licence/certification or membership details	joined
			1 1
			/ /
	8.	Have you ever had your licence restricted or suspended for any reason? If yes, please provide details:	🗆 No 🔲 Yes
c.		nderwater diving questionnaire	
	1.	What type of diving activities do you participate in (eg snorkelling, scuba diving, free diving)?	
		What diving certification do you hold? Average depth you dive to metres	
	4.	Maximum depth you dive to	
	5.	Number of times you dive per year	
	6.	Professional Amateur	
	7.	Do your diving activities include pothole, cave or sink hole diving, wreck exploration or any other hazardous diving? If yes, please provide details, including how often:	🗆 No 🗆 Yes
	8.	Do you ever dive alone? If yes, please provide details, including where and how often:	🗆 No 🗆 Yes
	9.	Have you ever had a diving accident or sickness? If yes, please provide details:	🗌 No 🗌 Yee

#### Health questionnaires

#### 28. Detailed health questionnaires

Only complete the relevant health questionnaires, if you answered yes to any items in bold text in 19 and 20.

#### a. Back or neck disorder questionnaire

1. What was the diagnosis given for your pain/disorder?

If no diagnosis, proceed to question 2

- 2. What part(s) of the back were or are affected? (select all that apply)
  - a. 🗌 Neck
  - b. Diddle
  - c. 🗌 Lower

3. Have you experienced any of the following (select all that apply):

🗆 No 🗆 Yes

- a. 🗌 Radiation or spread of pain down either the leg or arm (including shooting, stabbing or burning pain)
- b. Loss of feeling
- c. 🗌 Loss of strength
- d. Pins and needles

If yes, give details:

4. a. When did you first have symptoms?

Date		IVI	IVI	1		1

b. When was the last time you had symptoms?

Date D D M M Y Y Y

c. How often have you had symptoms (eg once only, monthly, yearly, twice in last 10 years,

d. When you have symptoms how long do they last (eg a couple hours, one day, two weeks, ongoing)?

- 5. When you have pain, how would you rate your pain? Scale 0–5 with 0 being no pain and 5 being the worst pain you ever felt?
- 6. a. Do you know the cause of your pain?

🗆 No 🗌 Yes

- If yes > proceed to question b If no > proceed to question 7
- b. What do you think was the cause of your pain (select all that apply)?
  - i. 🗌 Work
  - ii. 🗌 Sport
  - iii. 🗌 Other
  - iv. 🗌 Unknown

If you selected any of the above, please provide details:

		-	tionnaires (continued)					
			order questionnaire (c n/disorder ever require	-	time off work?		No	Γ
			vide the details of the to	-		had off work		L
пу	65,	please ploy			of days of weeks you			
I		-	een advised to or did y r duties or occupation t			-	🗌 No	
		f yes, pleas	e provide the details					
	lf y	ou have an	swered yes to 7a or 7b	please com	olete 7c			
(	-		se which statements a					
			ff work or restricted ho					
	i	. 🗌 My w	ork aggravated my pai	n				
		ii. 🗌 My w	ork is too heavy for me	;				
	i	ii. 🗌 I thinl	k my work may cause f	urther injury	or pain			
	i	v. 🗌 Other	r					
	I	f you select	ed any of the above, pl	ease provide	e details:			
8.	l	housework,	ble to carry out daily ac driving, exercising or p provide the details:			g, sleeping, lifting, reading,	No	[
I			n/disorder ever affect yo	our relationsh	nips, ability to socialis	se with friends or family?	🗆 No	
		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,						
9.	Hav	ve you ever	had investigations such	n as an X-ray	, CT Scan or MRI fo	r this pain/disorder?	🗌 No	
	lf ye	es, please p	rovide details in the tak	ole below:				
	Dat	е	Investigation		Results <sup>(i)</sup>	Part of bo	ody (eg low	e
		/ /						
		/ /						_
		1 1						
l			copy of any reports that you r					_

Field of practice, eg Surgeon, Osteopath etc Name	Address	Date of last consultation			
		1 1			
		1 1			

	d health questionnaires (o	continued)				
	k or neck disorder questi	-				
	•	. ,	s pain/disorder (eg medicatio		🗆 No	ΩY
L	injections)?If yes, please	•		n, surgery or		
		Dosage/frequency				
	Name of medication	(if applicable)	Type of treatment	Date started	Date cease	əd
				1 1	/	/
				1 1	/	/
				1 1	1	1
	• • • • •				´	, 
	Are any tests, surgery or tre	-	cheduled?		l No	∐ Y∈
l'	f yes, please provide details	5:				
_						
b. Disc	order or injury of the joint	s questionnaire				
	What was the diagnosis give	-	rder?			
		5 1				
_						
L						
lf	no diagnosis, proceed to qu	uestion 2				
2. PI	lease complete one questio	nnaire for each joint	affected			
l	n which joint did you or do	ou have the pain, in	jury or disorder? (Select all t	hat apply)		
E	Shoulder ight	left	Elbow	right 🗌 left		
E	Wrist ight	left	🗌 Hip	right 🗌 left		
C	Knee ight	left	Ankle	right 🗌 left		
C	Other – please advise w	hich joint right/left:		-		
Natar	lf bath laft and viebt joint is .		alata ana muantiannaire far a	a a la i a i a t		
			olete one questionnaire for e	ach joint		
	e you experienced any of the	÷ .	ili that apply):		🗆 No	∟ Ye
	a. Radiation or spread o	-				
	D. Loss of feeling or street	•				
	Loss of range of mov	ement				
	d. Pins and needles	• (				
	e. U Weakness or instabil	ity				
t.						
	g. Other – please advis					
11	f you selected any of the ab	ove, please provide	details:			
1	a. When did you first have	symptoms?				
<del>т</del> . с		v v				
	Date	T T				
b	o. When was the last time	you had symptoms?				
	D D M M Y Y	YY				
c		symptoms (eq once	only, monthly, yearly, twice	in last 10 years one	ioina)?	
, c			enig, monting, young, twice		ງອ/.	
			last (eg a couple hours, one			

Det	aile	ed h	ealth questionnaires (continued)							
			ler or injury of the joints questionnaire (continued)							
	5.	When you have pain, how would you rate your pain? Scale 0–5 with 0 being no pain and 5 being the wo ever felt?								
	6.	a.	Do you know the cause of your pain?	🗆 No	🗌 Ye					
			If yes > proceed to question b							
			If no > proceed to question 7							
		b.	What do you think was the cause of your pain (select all that apply)? i.							
			ii. 🗌 Sport							
			iii. 🗌 Other							
			iv. 🗌 Unknown							
			If you selected any of the above, provide details:							
	7.	a.	Has the pain/disorder ever required you to take time off work?	🗌 No	🗌 Ye					
			If yes, please provide the details of the total number of days or weeks you had off work							
		b.	Have you been advised to or did you have to reduce the number of hours you worked,	🗌 No	🗌 Ye					
			change your duties or occupation to as a result of your pain/disorder?							
			If yes, please provide the details							
			If you have answered yes to 7a or 7b please complete 7c							
		c.	Please advise which statements apply to you: (select all that apply)							
			I had time off work or restricted hours or duties because:							
			i. 🗌 My work aggravated my pain							
			ii. 🗌 My work is too heavy for me							
			iii. $\Box$ I think my work may cause further injury or pain							
			iv. 🗌 Other							
		lf y	/ou selected any of the above, please provide details:							
	8.	a.	Were you able to carry out daily activities such as washing, dressing, sleeping, lifting, reading,	🗌 No	Yes					
			housework, driving, exercising or playing sport?							
			If no, please provide the details:							
		b.	Did the pain/disorder ever affect your relationships, ability to socialise with friends or family?	🗌 No	🗌 Ye					
			If yes, please provide the details:							

#### Health questionnaires (continued)

#### 28. Detailed health questionnaires (continued)

#### b. Disorder or injury of the joints questionnaire (continued)

9. Have you ever had investigations such as an X-ray, CT Scan or MRI for this pain/disorder?

If yes, please provide details in the table below:

Date		Investigation	Results <sup>(i)</sup>	Part of body (eg right shoulder)
/	/			
/	/			
/	/			

(i) Please attach a copy of any reports that you may have in your possession.

10. a. Have you ever been treated for this pain/disorder by a General Practitioner, Osteopath, Physiotherapist, Chiropractor, specialist or any other alternative health practitioner? If yes, please provide details in the table below:

Field of practice, eg Surgeon, Osteopath etc	Name	Address	Date of I consulta	
			/	/
			/	/
			1	/

b. Have you ever received any treatment for this pain/disorder (eg medication, surgery or injections)? ON Yes If yes, please provide the details in the table below:

Type of treatment	Name of medication (if applicable)	Dosage/frequency of treatment	Date started	Date ceased
			/ /	1 1
			/ /	/ /
			/ /	/ /

11. Are any tests, surgery or treatment planned or scheduled?

🗌 No 🗌 Yes

If yes, please provide details:

#### Health questionnaires (continued)

#### 28. Detailed health questionnaires (continued)

- c. Mental health disorders questionnaire
  - Which of the following mental health disorder(s) do you have or have you had or received treatment or advice for? (please select all that apply):
    - Anxiety, generalised anxiety or panic disorder
    - Adjustment disorder or post traumatic stress disorder
    - Obsessive compulsive disorder or attention deficit disorder
    - Anorexia, bulimia or any other eating disorder
    - Post natal depression
    - Depression including major depression, mood or any other depressive disorder
    - Manic depression or bipolar disorder
    - Schizophrenia or any other psychotic or personality disorder
    - Alcohol or substance abuse disorder
    - Other, please provide details.
  - 2. What were the main symptoms of your condition(s)? (For example, did you feel excessive sadness or anger or were you unable to sleep or eat?)
  - 3. When did your symptoms start?
  - 4. How often did you or do you feel these symptoms?
  - 5. When was the last time you experienced any of the symptoms?
  - 6. What, if any, have been the impacts to your work? For example, did you need time off work, reduce 🗌 No 🗌 Yes or change the number of hours you worked, or stop working?

If yes, please provide details including time away from work and if there were any changes to your duties

7. What, if any, have been the impacts to your social life? For example has there ever been an impact  $\Box$  No  $\Box$  Yes on your relationships, your ability to socialise with friends or family, or your ability to exercise or play sport?

If yes, please provide details:

8. Have you consulted a health professional about your condition? For example, your general practitioner, a counsellor, psychologist or psychiatrist?

🗌 No 🗌 Yes

If yes, please provide the details in the table below:

Field of practice, eg Psychologist or therapist etc Name		Address	Date of last consultation		
			/	/	
			/	/	
			/	/	
			/	/	
			/	/	

	questionnaires (continue ed health questionnaires (co				
		-	nuod)		
	ental health disorders questionnaire (continued) Have any of them ever prescribed or recommended a treatment to you for your condition, including medication, psychotherapy, or talk based therapy? If yes, please provide the details in the table below:				No No
	Field of practice, eg Psychologist or therapist e	tc Name		Address	Date of last consultation
					/ /
					/ /
					/ /
					/ /
					/ /
10	. Are you still receiving treatm	ent for this cond	dition(s)?		
	If no, please advise when yo	u stopped treati	ment.		
11.	If you have stopped your trea	tment, was this	decision s	upported by your health professional?	No 🗆 N
12.	Have you ever been admitted	l to hospital or c	linic becau	ise of your condition?	No No
	If yes, please provide details	in the table belo	W:		
	Name of hospital/clinic	Dates hospi	of talisation	Treatment received	
			/ /		
			/ /		
			/ /		
			/ /		

 13. Have you ever thought of harming yourself or taking your own life?

 No
 Yes
 If no, please go to question 15

/

/

If yes, please provide the name and address of your doctor that would have the details, if one was consulted:

14.	Have you ever acted on these thoughts?	🗆 No	🗌 Yes
	If yes, please provide the name and address of your doctor that would have the details:		
15.	Has any first degree blood related family member (father, mother, brother, sister) had a mental health disorder?	🗆 No	🗌 Yes
	<b>Note:</b> You are only required to disclose family information relating to first degree blood related family living or deceased (father, mother, brother, sister).	y membe	rs—

#### Health questionnaires (continued)

#### 28. Detailed health questionnaires (continued)

#### d. Stress, fatigue, insomnia and/or sleeplessness questionnaire

- Which of the following do you have or have you had or received treatment or advice for? (Please select all that apply)
   Stress
  - Fatique
  - □ Insomnia and/or sleeplessness
- 2. Did you see a doctor or other health professional for this condition(s)?
- Were you diagnosed with anxiety, depression or any other mental health disorder? If yes > go to the mental health questionnaire on section 29c.
  - If no, please continue to complete this questionnaire.
- 4. Did this condition(s) affect you to the point where you experienced any of the following (select all that apply):
  - physical symptoms such as headache, dizziness, soreness or irritability
  - □ you found it difficult to go to work or were unable to go to work
  - ☐ it had an impact on your relationships
  - your ability to sleep, eat, or think clearly
  - problems with concentration, memory or tiredness during the day
  - □ it caused you to use alcohol or drugs that were not prescribed for you by a doctor

If you have answered yes to any of the above, please provide full details including how much time you had away from work:

- 5. What do you think caused your symptoms?
- 6. When did you first experience symptoms and how long did they last?
- 7. When was the last time you experienced symptoms?
- 8. How many episodes of this condition have you experienced? For example, if you were stressed and recovered twice in three years we would say you had two episodes of stress.

9. Have you ever been treated for this condition(s)?

🗆 No 🗌 Yes

🗆 No 🗆 Yes

No Yes

If yes, please provide full details including type of treatment, name of medication (if applicable) and dates the treatment started and ceased:

10. Please advise how often you see or saw your treating health professional for this condition and provide their name(s) and address(es):

Hi	igh blood pressure or raised cholesterol q	uestionnaire					
1.	Please indicate which of the following have	been raised/high: 🗌 Blood pressu	ıre 🗌 Cholesterol 🔲 Both				
2.	a. When did you first find that your readings monitored or noted?	s/levels were raised or were you ac	dvised to have your reading/levels				
		olesterol					
3.	a. What was the last blood pressure/chole Blood pressure / Dat Cholesterol reading		taken?				
	b. Is the reading above consistent with othe If no, what is a typical reading?		No 🗌				
4.	How often are you required to see your doc Monthly Quarterly Twice-yearl		:				
5.	When is your next check-up due?						
	Are you currently taking any medication for your blood pressure/cholesterol levels?						
		your blood pressure/cholesterol le	vels?				
	Are you currently taking any medication for						
	Are you currently taking any medication for No, go to question 8 Yes, please pr	ovide the name of any medication	you take and the daily dosage				
	Are you currently taking any medication for No, go to question 8 Yes, please pr <b>Condition</b>	ovide the name of any medication	you take and the daily dosage				
6.	Are you currently taking any medication for <ul> <li>No, go to question 8</li> <li>Yes, please pr</li> </ul> <li>Condition <ul> <li>Blood pressure</li> <li>Cholesterol</li> </ul> </li>	ovide the name of any medication Medication	you take and the daily dosage				
6.	Are you currently taking any medication for <ul> <li>No, go to question 8</li> <li>Yes, please pr</li> </ul> <li>Condition <ul> <li>Blood pressure</li> <li>Cholesterol</li> </ul> </li> <li>Has your treatment type or dosage changed</li>	ovide the name of any medication Medication	you take and the daily dosage Daily dosage				
6.	Are you currently taking any medication for <ul> <li>No, go to question 8</li> <li>Yes, please pr</li> </ul> <li>Condition <ul> <li>Blood pressure</li> <li>Cholesterol</li> </ul> </li> <li>Has your treatment type or dosage changed <ul> <li>No &gt; go to question 9</li> <li>Yes,</li> </ul> </li>	d within the last 12 months?	you take and the daily dosage Daily dosage				
6.	Are you currently taking any medication for <ul> <li>No, go to question 8</li> <li>Yes, please pr</li> </ul> <li>Condition <ul> <li>Blood pressure</li> <li>Cholesterol</li> </ul> </li> <li>Has your treatment type or dosage changed</li> <li>No &gt; go to question 9</li> <li>Yes,</li>	d within the last 12 months?	you take and the daily dosage Daily dosage nd continue to question 9				
6.	Are you currently taking any medication for   No, go to question 8 Yes, please pr   Condition   Blood pressure   Cholesterol   Has your treatment type or dosage changed   No > go to question 9   Yes,   When was it changed?	d within the last 12 months? please provide the details below an t was changed?	you take and the daily dosage Daily dosage nd continue to question 9 Why was it changed?				
6.	Are you currently taking any medication for   No, go to question 8 Yes, please pr   Condition Blood pressure   Cholesterol Has your treatment type or dosage changed   No > go to question 9 Yes,   When was it changed? What   Have you ever been prescribed medication	ovide the name of any medication Medication d within the last 12 months? please provide the details below and t was changed? for blood pressure/cholesterol?	you take and the daily dosage Daily dosage nd continue to question 9				
6.	Are you currently taking any medication for   No, go to question 8 Yes, please pr   Condition   Blood pressure   Cholesterol   Has your treatment type or dosage changed   No > go to question 9   Yes,   When was it changed?	ovide the name of any medication Medication d within the last 12 months? please provide the details below and t was changed? for blood pressure/cholesterol?	you take and the daily dosage Daily dosage nd continue to question 9 Why was it changed?				
6.	Are you currently taking any medication for   No, go to question 8 Yes, please pr   Condition Blood pressure   Cholesterol Has your treatment type or dosage changed   No > go to question 9 Yes,   When was it changed? What   Have you ever been prescribed medication	ovide the name of any medication Medication d within the last 12 months? please provide the details below and t was changed? for blood pressure/cholesterol? ?	you take and the daily dosage Daily dosage nd continue to question 9 Why was it changed?				
6. 7. 8.	Are you currently taking any medication for   No, go to question 8 Yes, please pr   Condition   Blood pressure   Cholesterol   Has your treatment type or dosage changed   No > go to question 9   Yes,   When was it changed?   What   Have you ever been prescribed medication   If no, how has the condition been managed	ovide the name of any medication Medication d within the last 12 months? please provide the details below and t was changed? for blood pressure/cholesterol? ? ing this medication? ny other investigations (eg resting	you take and the daily dosage Daily dosage nd continue to question 9 Why was it changed? No				

	ed health questionnaires (continued)		
As	thma questionnaire		
1.	When was your asthma diagnosed?		
2.	When did you <b>first</b> have symptoms?		
3.	When did you <b>last</b> have symptoms?		
4.	Approximately how many times per year do you or did you get symptoms?		
5.	Does the environment in which you work or perform your normal daily duties, exacerbate or cause your symptoms of asthma (eg dust, sawdust, pollen, grass)? If yes, please provide details:	□ No	
6.	In the last 12 months have you taken time off work or been unable to perform your normal daily activities because of your asthma? If yes, please provide details including the number of times and days:	□ No	ר
7.	Please provide details of the treatment for your asthma, including dosage of drugs taken and frequer spray, tablets or injections, amounts and number of times per day):	ncy (eg a	aeros
8.	Have you ever been treated for your asthma with steroids (eg Prednisone)? If yes, please provide details, including dates:	□ No	
	Have you ever attended a hospital emergency room or been admitted to hospital because of your asthma?	🗆 No	
9.	If yes, please provide details:		
	In the last three years, have you had or been advised to have a chest X-ray or respiratory function teal If yes, please provide dates and results:	st? 🗌 N	o 🗆
10.	In the last three years, have you had or been advised to have a chest X-ray or respiratory function te	st? 🗌 N	

b. When did you **last** consult this doctor for asthma?

ealth	questionnair	es (continued)	
Deta	iled health ques	stionnaires (continued)	
g. (	Cyst, mole, skin	lesion questionnaire	
1	. Please indicat	te in the appropriate box(es) the	condition(s) you have had, or received treatment for:
	Mole or nae	vi	Basal Cell Carcinoma (BCC)
	Hyperkerato	osis or solar keratosis or Squam	ous 🗌 Sebaceous cyst/ lipoma/ fatty cyst just under the skin
	Cell Carcino	oma (SCC)	
	Melanoma		
	Other lesion	ns (please describe below):	
2.	Please advise th	ne location(s) of the skin lesion(s	<u>ه):</u>
3.	Has the lesion	been fully removed?	
	lf yes, please a	dvise the method and date(s) of	f removal (eg frozen, 'burnt', lasered off or surgically removed):
	If surgically ren	noved please also advise the pa	thology results?
	lf no, please ad	lvise the reason why it has not b	een removed?
4.	Are any follow	ups required?	
	-	dvise details including frequency	V
	··· ) , [······ ·		,
5.	Give details of	your most recent visit to a docto	or or hospital relating to this condition:
	Date	Medical provider	Address
	phormal convica	al scrooning or pap smoar tost	or positive HPV test questionnaire
		• • • •	on(s) and or result(s) you've had or received treatment for:
	Higher risk		
	Unsatisfacto		
		l'i l'ocult	<ul> <li>Atypia or change (caused by infection or irritation)</li> </ul>
		oilloma Virus (HPV)	<ul> <li>Other abnormality</li> </ul>
2	-	the condition(s) diagnosed?	
	Condition(s)		Date
	D'1 .	a any treatment?	🗆 Yes 🗔 N
3.	5	-	eg colposcopy, biopsy, laser, LLETZ/loop excision) and results?

Health o	uestionnaires	(continued)
incardin q	ucstionnancs	(commucu)

i.

/ /

#### 28. Detailed health questionnaires (continued)

h. Abnormal cervical screening or pap smear test or positive HPV test questionnaire (continued)

4.	Have you had a follow up cervical screening or pap smear test?	Yes	🗌 No	Awaiting follow u	р
	If 'Yes', please provide all dates and results since the abnormal result?				

5. Provide details of your most recent visit to a doctor or hospital relating to the condition/result:

0.	Date Medical Provider
	Address
6.	When is your next screening due?
	abetes questionnaire
1.	Which of the following best describes your condition: (select all that apply) Type 2 Diabetes Glucose Intolerance
	<ul> <li>Type 2 Diabetes</li> <li>Glucose Intolerance</li> <li>Diabetes</li> <li>Diabetes Insipidus Insulin</li> </ul>
	Gestational Resistant
	Diabetes Not sure
2	How long ago were you diagnosed with this condition?
2.1	
3.	How is this condition treated? (select all that apply)
	Diet Oral medication Insulin
	Other.
	Please advise details including name of medication, dosage used per day:
4.	Do you have any complications as a result of your diabetes (eg eye, kidney or nerve problems, Inc. Inc. Inc. Inc. Inc. Inc. Inc. Inc.
	high blood pressure or vascular disease etc)?
	If yes, please provide details:
5.	Have you ever suffered from a diabetic or insulin coma, or required hospitalisation due to your
0.	diabetes or any related condition?
	If yes, please provide details:
6.	When did you last have this condition checked by a medical practitioner?
-	
7.	What was the date and the result of your last Glycosylated Haemoglobin test?
8.	For gestational diabetes – What was the date and result of your last Glucose Tolerance test?
9.	Please provide your doctor's details, including name and address:
	Date Doctor Address

Health questionnaires (	continued)
-------------------------	------------

#### 28. Detailed health questionnaires (continued)

- j. COVID-19 (also known as Coronavirus) questionnaire
  - 1. Which of the following apply to the potential risks you've been exposed to within the last month (select all that apply):
    - Travelled overseas
    - Had contact with someone who has recently returned from overseas
    - Been exposed to someone suffering / later diagnosed with COVID-19
  - 2. When did you or the other person return from overseas or when were you exposed?

### D D M M Y Y Y Y

- 3. Have you completed the required 14 days of self-quarantine / isolation?
- 4. Have you developed any symptoms such as fevers, sore throat, cough, headaches or shortness of breath? No Yes If yes, please provide details:

- 5. If you've been tested for COVID-19 what was the result?
  - Negative
  - Positive

If the test was positive, please also advise:

- a. Have you had a subsequent negative COVID-19 test result?
- b. Were you hospitalised?

If yes, please provide details in the table below:

Name of hospital

Dates of hospitalisation	Treatment received	Did you spend time in Intensive Care?	
		□ No □ Yes	
1 1		lf <b>yes</b> , number	/ /
		days	

6. If you had symptoms or tested **'positive'** to COVID-19, have you fully recovered with no continuing or residual symptoms or complications?

🗆 No 🗌 Yes

□ No □ Yes

No Yes

No Yes

If no, please provide details:

To be completed by the Person to be insured only if applying for: Income Insurances, Business Expenses Insurance or Total and Permanent Disability Insurance.

#### **Occupation details**

If you have not applied for plans listed in the top right box, go to the Authorities section.

#### 'You' refers to the Person to be insured (unless otherwise indicated).

**29.** Please give details of your current and previous occupation or jobs over the last five years. If you have a second occupation, please give details in question 39.

	From	То	Occupation	Employer	
Current principal occupation	/ /	Present			
occupation		Cross wh is applica		vn company 🗌 Self-employe Employee 🗌 Contractor	d
Previous occupation	/ /				
			Employed by ov Partnership	vn company  Self-employee Employee Contractor	d
Previous	/ /				
occupation			<ul> <li>Employed by ov</li> <li>Partnership</li> </ul>	vn company Self-employe Employee Contractor	d
Previous	/ /	/ /			
occupation			Employed by ov Partnership	vn company Self-employee Contractor	d
<b>30.</b> In the last five ye	ars have you ceas nt or end of contra	ed or do you intend	se ensure you complete to cease working for rea	e 42. asons other than holidays	No Yes
<b>31.</b> How many hours	per week do you s	spend working in you	r main occupation?	hours	٦
32. How many weeks	s per year do you s	pend working in you	r main occupation?	weeks per yea	r
33. In your main occ	upation, what perc	entage of time do yo	ou spend performing the	e following types of duties:	
	Des	scribe details of spe	cific duties performed		(%)
Sedentary/Administra	ative				
Supervising manual	work				
Light manual					
Heavy manual					
Home duties (include dependants including age relevant information)					
Other (including hazardo handling dangerous subst heights/underground/offsl	ances, working at				
	То	tal duties			100%

- **34.** a. What qualifications do you hold in relation to your main occupation (eg trade certificate, degree)?
  - b. When did you qualify/graduate?
  - c. Please give details of any other qualifications you hold:

To be completed by the Person to be insured only if applying for: Income Insurances, Business Expenses Insurance or Total and Permanent Disability Insurance.

0	Occupation details (continued)		
35.	Do you ever work from home?	🗌 No	🗌 Yes
	If yes, provide details of actual work you perform at home, your work set-up (eg separate office) and frequency and type of contact with clients:		
36.	. Do you intend to change your occupation or employment status?	🗆 No	
	If yes, please provide details below:		
37.	Have you ever been bankrupt or entered into a personal insolvency arrangement?	🗌 No	🗌 Yes
	If yes, please provide details including when, cause, date of discharge, and if there are any pending legal pro if applicable.	ceedings	5,
38.	. Has any business that you have, or have had ownership of, ever been liquidated or been placed under administration?	🗌 No	Yes
	If yes, please provide details including when, cause, date of discharge, and if there are any pending legal pro if applicable.	ceedings	З,
39.	. Do you have any other occupations or jobs?	🗌 No	🗌 Yes
	If yes, please provide details below including specific duties:		
40.	Number of hours per week worked and annual income derived from your other hours \$		
In	come details		

#### 41. Insurable income

**What is Insurable income?** This is income earned by your personal exertion (less expenses incurred in earning that income) before tax, which will stop if you are unable to work. It does not include investment or interest income.

Please disclose all income figures that accurately reflect your financial position for the periods indicated below. In the event of a claim, we may call for evidence of your income and business expenses.

#### Complete this section if you are applying for Total and Permanent Disability Insurance only

a. Please provide details of your total income or salary package for the last two financial years, including any additional benefits, eg pre-tax superannuation contributions, regular bonuses and commissions, fringe benefits:

Last financial year	\$
Previous financial y	/ear \$

#### b. If you are self-employed

- i. Has your business had a net operating loss over either of the last two financial years?
- ii. So far this financial year, is your business trading profitably? If no, please provide details in the space below: 🗌 No 🗌 Yes

%

#### Income details (continued)

#### 41. Insurable income (continued)

Complete this section if you are applying for Income Insurances or Business Expenses insurance

If you are self-employed, in a partnership or an employee of your own company (or contractor), please complete the 'For self-employed' section below
If you are an employee, please complete the 'For self-employed' section on page 31.

#### For self-employed (sole trader, partnership, employee of own company or trust)

Only complete this section if you are self-employed. This includes sole traders, partners, contractors or if you are an employee in your own company.

c. Please provide your company's business income details in the table below for the last two financial years for which tax returns, assessment notices and accounts are available. **Do not include any amounts paid to you that are paid from past profits, capital or loans.** 

		Less all expenses	s			
Tax year ending	Gross income for entire business (\$)	earning that	Equals net business income before tax (\$)	Wages/Salary (\$)	Drawings/ Director's fees paid to you (\$)	
30 / 06 /						
30 / 06 /						

d. Did your business contribute to a complying superannuation fund on your behalf?

If yes, how much or what percentage?

- e. What percentage of the business do you own <sup>%</sup> If not 100% owner, please provide percentage ownership and roles/duties of the other owners. Please include details of any income splitting arrangements:
- f. How many people do you employ?
- g. What proportion of total business income is from your personal exertion?
- h. Do you receive or do you expect to receive any income from any other sources (eg rental income, dividends)? No Yes If yes, please advise the source(s) and amount(s) per year:

Source		me per year after s but before tax (\$)
If you were to become disabled, would any of your ind	come (eg investment income and trail/renewal	No Ves

- commission) continue? If yes, please provide the following details:
  - i. What type and amount of income would continue if you were not working and if this is for an investment property, please advise if the property is positively or negatively geared?
  - ii. Is there an agreement in place (written or otherwise) in relation to this entitlement and when it may cease? No Ves If yes, please provide further details:
- j. Has your business had a net operating loss over either of the last two financial years? If yes, please provide copies of your full company accounts for the last two financial years, including any associated entities.
- k. So far this financial year, is your business trading profitably? If no, please provide details in the space below: 🗌 No 👘 Yes

No Yes

To be completed by the Person to be insured only if applying for: Income Insurances, Business Expenses Insurance.

	nsurable income (continued	1)			
0	If you are <b>self-employed</b> , in <b>company (or contractor)</b> , p on page 30.	a partnership or an emp		If you are <b>an emplo</b> the 'For employees'	<b>yee</b> , please complete section below.
Fo	r employees				
	Only complete this section i	f you are an employee an	d do not have any ownersh	nip in your employer	's business.
Ple	ease indicate your current em Permanent full-time P Other, please specify:	_	asual or non-permanent	Not currently emp	bloyed
n.F	Please give details of your tota	al remuneration package f	rom all sources currently a	nd for the last two fi	nancial years.
_		Current (\$)	Last financial year (	(\$) Year imm	ediately prior to last
:	Salary				
I	Bonuses				
	Commissions				
I	Regular overtime				
;	Superannuation				
·	Total	\$	\$	\$	
). C I1	Vhat rate of superannuation g to you receive or do you expe yes, please advise the sourc	ect to receive any income	from any other sources (eg	rental income, divio <b>Net inc</b>	% dends)? No Yes ome per year after es but before tax (\$)
	f you were to become disable yes, please answer i and ii: What is the income amour company profits, investmer negatively geared?	at that would continue, for	how long, and the source (	eg salary, sick pay	•

To be completed by the Person to be insured only if applying for: Income Insurances, Business Expenses Insurance or Total and Permanent Disability Insurance.

#### Income details (continued)

a.	Please advise the t	spe of resource n	ined/extracted	refined at the	e mine/plant/pla	uom.	
	Metal	Coal	Oil		Gas	Other	
Э.	How do you travel	to and from your	work location?				
	Commute to yo	ur work location d	aily from home	🗌 Fly in	fly out to your w	vork location	
	Other, please p	rovide details:					
<b>)</b> .			arding your sal	ary and any	allowances paid	for the last two finand	cial years:
			, ,,		cial year (\$)		ely prior to last
	Salary (including s	super)			• • • •		
	Allowances (eg sit home allowance, t		g away from				
	Bonus						
	Other						
					To be comple	eted by the Person to b	e insured only
					To be comple	Red by the Person to b	e insured only _
)	iness expense de If you have not appl Isiness structure		d in the box abo	ove go to the		r Business Expenses I	
) I Bu	r If you have not appl	ied for plans listed	Sole propri				
) I Bu )at Bu	If you have not appl siness structure Company	ied for plans listed	Sole propri				
)   Bu )at Bu	If you have not appl siness structure Company Part te the business was siness details siness name	ied for plans listed	Sole propri d			ion.	
)   Bu )at Bu	If you have not appl siness structure Company	ied for plans listed	Sole propri d				
Dat Bu Bu	If you have not appl <b>Isiness structure</b> Company Part te the business was <b>Isiness details</b> siness name siness address	ied for plans listed	Sole propri d			ion.	
) I Bu Dat Bu Bu	If you have not appl <b>Isiness structure</b> Company Part The the business was <b>Isiness details</b> siness name siness address <b>ployees</b>	ied for plans listed	d Sole propri	ietor V V V V	Authorities sect	ion.	
Dat Bu Bu Bu	If you have not appl <b>Isiness structure</b> Company Part te the business was <b>Isiness details</b> siness name siness address <b>ployees</b> mber of income proc	ied for plans listed thership	Sole propri d	ietor V V V V Suburb	Authorities sect	ion.	Postcode
)   <b>3</b> u 3u 3u 3u 1 1 1 1 1 1 1 1 1 1 1 1 1	If you have not appl <b>Isiness structure</b> Company Part The the business was <b>Isiness details</b> siness name siness address <b>ployees</b>	ied for plans listed thership	Sole propri d	ietor V V V V Suburb	Authorities sect	ion.	
) I Bu Dat Bu Bu Bu	If you have not appl <b>Isiness structure</b> Company Part te the business was <b>Isiness details</b> siness name siness address <b>ployees</b> mber of income proc	ied for plans listed inership	Sole propri d S S S S S S S S S S S S S S S S S S	ietor V V V V Suburb	Authorities sect	ion.	
) I Bu Dat Bu Bu Bu Bu Bu	If you have not appl <b>Isiness structure</b> Company Part The the business was <b>Isiness details</b> siness name siness address <b>ployees</b> nber of income process The process of the proce	ied for plans listed thership Trust purchased/started ducing employees producing employ	Sole propri d Sole propri S S S : Full-time yees: Full-time thers/directors	ietor V V V V Suburb	Authorities sect	ion. State	
Dat Bu Bu Bu Bu Bu	If you have not appl isiness structure Company Part te the business was isiness details siness address ployees nber of income proc mber of non-income a partnership/compa	ied for plans listed thership Trust purchased/started ducing employees producing employ ny, number of par s income derived	Sole propri Sole propri E Full-time yees: Full-time thers/directors from your perso	ietor	Authorities sect	ion.	

#### **Business expense details (continued)**

**49.** Monthly expenses of the business over the last 12 months:

		Monthly expenses (\$)
(i)	Rent or mortgage interest payments	
(ii)	Electricity, gas, water, heating	
(iii)	General insurance premiums	
(iv)	Cleaning	
(v)	Telephone	
(vi)	Leasing of equipment or motor vehicles	
(vii)	Property rates and taxes	
(viii)	Dues to professional bodies	
(ix)	Accountant's fees	
(x)	Salaries and associated costs (eg superannuation contributions) for employees who do not generate revenue	
(xi)	Other fixed expenses (please provide details below) <sup>1</sup>	
(xii)	Total monthly expenses (Total of (i) to (xi) above)	\$
(xiii)	Percentage of expenses in (xii) above that you are responsible for	%

1 Details of other expenses.

#### For qualified registered medical practitioners or dentists classified as MP or AA only.

### 50. Net Locum Cost<sup>2</sup> \$

2 Net Locum Cost is the estimated cost of engaging a locum to replace you while you are totally disabled and unable to work due to sickness or injury, less any income this person generates. Only complete this question if you estimate locum expense will exceed income generated by the locum.

This page has been left blank intentionally.

## **Resolution Life**

## Authorities

Medical authority S NS SMSF		
Please read ' <b>Privacy – collection</b> , statement.	use and disclosure of sensitive info	mation' section of the product disclosure
Authority for Resolution to release	e medical information to usual doc	tor
Only complete this section if you au adverse assessment of your applic	uthorise Resolution to release medical ir ation.	formation to your doctor upon an
Family name	Given name(s)	Date of birth
Resolution Life to advise Doctor behind any adverse assessment of my ap assessment of this application. I also auth doctor noted above.		
X		DDMMYYYY
Financial authority       S       SMSF         Image: Only complete this section if you way	ant your accountant or financial adviser	to release information to Resolution.
Life) and to any other person or company	acting on Resolution Life's behalf), all i	Date of birth D D M M Y Y Y Limited ABN 84 079 300 379 (Resolution nformation that the insurer requests for the imilar copy) of this authorisation should be
Signature of person insured		Date signed
X		
Accountant/financial adviser name		Accountant/financial adviser contact number
Accountant/financial adviser address		·

Declarations and consent for non-superannuation or SMSF application	plan, Flexilink plan	you are applying for a non-superann or PremierLink option, including plai aid from an investment account.	
Must complete			
Non-superannuation or SMSF insu	irance application and sig	matures (Declarations and co	onsent) <sub>NS</sub> SMSF
Plan number		This Personal statement is date	ed November 2023
Before you sign this personal state	ment, you should:		
-	0	ve provided you with the product disc counts for the product(s) you are ap	
<ul> <li>read the product disclosure state and to decide whether it is appropriate</li> </ul>	-	portant information to help you und	erstand the product
has issued a policy. I understand t insurance I have applied for may b the insurance it may not be payabl financial adviser) I have checked e	hat if the questions are not any be avoided (treated as if it never le or be reduced. If someone h every answer (and if necessary t section (including the 'Privacy osure statement and understan ny insurer to disclose to Resolu- edical history, pastimes, work h	ution Life, and for Resolution Life to history, or anything else that Resolu	ompletely the nade a claim under rm (such as my n is submitted, and f sensitive o collect, any
If you have applied for a Life Insurance		SMSF Plan or Income Insurance	SMSF
SMSF Plan Are the premiums being paid b		deveeting Q	
If yes, has your employer agreed to pay for	-	Jexation?	🗆 No 💷 Yes
Signature of Person to be insured		o to 'Signature of Plan owner(s) -	- only for
individuals'.			
Print full name of Person to be insured	Signature	Date signed	Date of birth
Signature of Plan owner(s) – only fo		ndividual trustees of SMSF)	NS SMSF
Print full name of SMSF or Trust (if applica			
For Plan owner(s) (must be aged 16 yea	rs or over)		
Print full name of Plan owner/Trustee	Signature	Date signed	Date of birth
	X	1 1	1 1
	Plan owner/Trustee (delet	e one)	
Print full name of Plan owner/Trustee	Signature	Date signed	Date of birth
	X		1 1

Plan owner/Trustee (delete one)

- For SMSFs, if there are more than two trustees required as signatories, please cross here and provide their full name(s) and signature(s) in the adviser notes section.

Non-superannuation or SMSF insurance application and signatures (Declarations and consent)

Signatures of Plan owners – only for companies (including company trustees of an SMSF) NS SMSF

Company seal	Print full name of company		
	Signature 1	Signature 2	Date signed
	X	×	
	Director/Sole Director and Se	cretary (delete one) Director/Secretary (delete one)	
	Print full name of person sig	ning for and on behalf of the above company	

To be signed by:

- For any company, either two directors of the company or a director and company secretary, or
- For a proprietary company, one signature as 'sole director and secretary' where the company has only one director who is also the sole company secretary.

**Note:** If the company constitution mandates the use of a company seal then it must be provided along with the relevant signatures outlined above.

# Declarations and consent for superannuation application

Plan number		
his Personal statement is dated Nover	nber 2023	
Before you sign this personal stat	ement, you should:	
•	ser is obliged to have provided you with the product disclosu	re statement and other
information relevant to special of	fers and/or member discounts for the product(s) you are app	lying for, and
-	<b>atement</b> because it contains important information to help yo is appropriate to your needs, and	ou understand the
the <b>product disclosure stateme</b> answers I provide to questions in writing that it has issued a policy completely the insurance I have made a claim under the insuranc this form (such as my financial ac this form is submitted, and	entitled 'The Duty to Take Reasonable Care Not to Make a M ent, and understand that any cover issued by the insurer will this form and any other questions that are asked before the . I understand that if the questions are not answered truthfully applied for may be avoided (treated as if it never existed) or the it may not be payable or be reduced. If someone has assis dviser) I have checked every answer (and if necessary made	be based on the insurer advises me in y, accurately and altered and if I have sted me to complete corrections) before
	It section (including the 'Privacy – collection, use and disclos Iosure statement and understand the terms outlined.	ure of sensitive
information they have on my health,	e any insurer to disclose to Resolution Life, and for Resolution medical history, pastimes, work history, or anything else that g or underwriting this cover or assessing any claim under it.	•
Superannuation membership		
re you applying for insurance through sup	erannuation? This will be through the National Mutual Retireme	ent Fund. 🗌 No 🔲 Ye
yes, please complete questions 1 to 3		
• • • • •		
Current employment status		
Current employment status Employee, go to question 2	ship)	
<ul> <li>Current employment status</li> <li>Employee, go to question 2</li> <li>Self employed (sole trader, partners)</li> </ul>		
<ul> <li>Current employment status</li> <li>Employee, go to question 2</li> <li>Self employed (sole trader, partners</li> <li>Employed by own company, go to question of the state of the s</li></ul>	uestion 3	
<ul> <li>Current employment status</li> <li>Employee, go to question 2</li> <li>Self employed (sole trader, partners</li> <li>Employed by own company, go to question</li> <li>Does your employer contribute to an explosed to an explosed statement of the provided statement of the</li></ul>	uestion 3 kisting superannuation fund on your behalf?	
<ul> <li>Current employment status</li> <li>Employee, go to question 2</li> <li>Self employed (sole trader, partners</li> <li>Employed by own company, go to q</li> <li>Does your employer contribute to an estimate</li> <li>Have you selected an employer support</li> </ul>	uestion 3 kisting superannuation fund on your behalf? ted plan (ie your employer pays part or all of your	
<ul> <li>Current employment status</li> <li>Employee, go to question 2</li> <li>Self employed (sole trader, partners</li> <li>Employed by own company, go to q</li> <li>Does your employer contribute to an ex</li> <li>Have you selected an employer suppor premiums)? If yes, please complete employer</li> </ul>	uestion 3 kisting superannuation fund on your behalf? ted plan (ie your employer pays part or all of your	
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All plans, except the Life Insurance Superannuation Plan, TPD Insurance Superannuation Plan and the Income Insurance Superannuation Plan, are issued by Resolution Life Australasia Limited ABN 84 079 300 379 (Resolution Life).

The Life Insurance Superannuation Plan, TPD Insurance Plan and Income Insurance Superannuation Plan are issued by Equity Trustees Superannuation Limited (ETSL)ABN 50 055 641 757, AFSL No. 229757 as trustee of the National Mutual Retirement Fund (NMRF) ABN 76 746 741 299 and Resolution Life. Resolution Life is part of the Resolution Life Group.

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